
THE BEACON

Al-Anon Family Group I District 159 I Naples, Bonita Springs, Immokalee & Marco Island

The 12 STEPS, TRADITIONS, & CONCEPTS guide us in recovery and show us a better way to live.

“The Steps show me how to love myself; the Traditions show me how to love others, and the Concepts show me how to love the world that I live in.”

-Paths to Recovery pg 341

STEP 12

Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

TRADITION 12

Anonymity is a spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

CONCEPT 12

The spiritual foundation for Al-Anon's world services is contained in the general Warranties of the Conference, Article 12 of the Charter.



My Higher Power's gifts sometimes take unusual forms.

-Courage to Change pg 259

There exists no more fulfilling way of giving thanks for gifts received than passing those same gifts on to others.

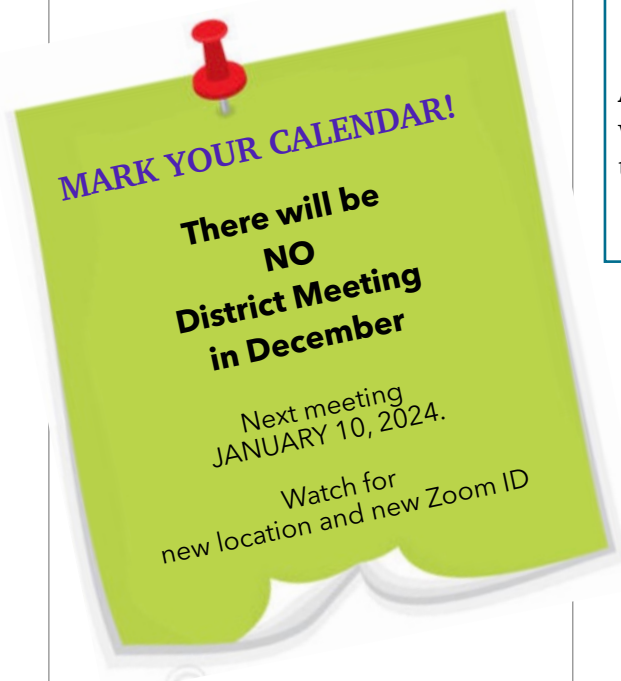
-Having Had a Spiritual Awakening pg 163

Stick around for the miracles!

-Heard at a Meeting

I'm grateful for the Al-Anon program and all that my Higher Power has given me. I look forward to an even brighter new year.

-Courage to Change pg 366



To all GROUP REPRESENTATIVES (GR's) in District 159. If you can't make the meeting, ask someone from your group to step in for you and bring back the message.

Concept 4: Participation is the key to harmony.

Looking forward to seeing you at the next District Meeting!



DO YOU KNOW SOMEONE WHO DOESN'T HAVE A SUBSCRIPTION YET ?

Each month *The Beacon* can be delivered to any email address by going online to

Newsletter@naplesal-anon.org

Click on the contact form. Fill it out and tap SEND.

SLOGANS ARE WISDOM WRITTEN IN SHORTHAND

AS WE DEVELOP A WILLINGNESS to be receptive, we find unexpected wisdom and guidance in the words and actions of those around us.

-Having Had A Spiritual Awakening pg 103

For two years, I sat in the back of the Al-Anon meetings, at The 24 Hour Club, and cried. I was never able to participate. In time, I wrote this poem and read it to the Sunday morning meeting.

-Naples

THANKS AL-ANON

You meet to help others, it's perfectly clear.
You've learned the life lessons, and now want to share.

You strive for a world of order and peace,
You always use first names, all secrets you keep.

You really do listen, you thank those that share,
For two minutes only, cause it's only fair.

You help others listen. You say count to four,
Before you say something to cause problems galore.

Please do not be catty. Please learn not to judge.
Control life with kindness and a gentle nudge.

Control of your own life is all that you get.
So please use it wisely for a great benefit.

You cannot be perfect, there is no such thing.
Relax and enjoy life, it is amazing.

We did not cause it. It's not our fault.
We cannot control it, of that there's no doubt.

Your Higher Power will help you, it's true,
He loves you dearly and will show you what to do.

HEARD AT A MEETING

Our daily readers are like a GPS.

I never knew that Al-Anon was *for* me and *about* me.

Everyone is going to have a much better day if I take care of myself.

How empty of me to be so full of you.

Focus on the positive.

Fear doesn't become the focus of my day anymore

Why is God always the last resort?

Anger is usually a cover for what is really going on underneath.

If I'm planning on what I am going to say while someone is talking, then I'm not listening.

You can say what you want once; that's information. Saying it more than once is controlling.

I'm reacting less and processing more.

It is said "God takes care of drunks and fools"; so I'm letting go and letting God.

THOUGHTS

What made me think I had a better plan than God?

THE D.R.'S CORNER



As Panel 61 nears an end in December, I would like to take this opportunity to extend a heartfelt thanks and gratitude to all the members that served. As a panel, we weathered through the storm of COVID and came out even stronger in the end. We started the panel with the theme of, "if you want to go fast go alone, if you want to go far go together." District elections were held in August and there was an overwhelming response from members who stepped forward for service in the upcoming Panel 64. I will be stepping down as your District Representative (D.R.) at the end of December and turning that position over to our new D.R. Cindy S. I only ask for your continued support for our new D.R. and panel members.

On a personal note, I would like to thank you for your confidence in allowing me the opportunity to serve as your D.R., for which I am extremely grateful. Through these past 3 years, I learned more about myself from the standpoint of my abilities to carry out this position. When there were doubts or questions, I was able to gain strength and answers from panel members on both a District and Area level. It was an experience that I will never forget.

We come together because of a common problem and are united by a common goal. Everyone is of vital importance. Nothing is required of any member only at such a time that someone wishes to give. Surrounded by each other's experience, strength and hope we begin to "give back" and our personal recovery is rewarded as a result thereof.

-continued on next page

**BORED?
LONELY?
STINKING THINKING?
FEELING LOST?**

**In Al-Anon we learn to do
the footwork**

At a time when many of us find ourselves easily preoccupied, service provides a way to keep busy without getting ourselves into trouble, adding structure to an otherwise scattered or disorganized schedule and providing an anonymous and nurturing environment in which to explore and grow. We discovered that when we reach out to others our own pain diminishes and our recovery begins to soar.

One Alateen Sponsor described her experience as an AMIAS, "I go every week and listen to a bunch of teenagers talk about how much they hate themselves, *and I don't run away!* I stay and listen and am present, and I give them as much love and respect as I can. By being an Alateen Sponsor I am making amends to myself for abandoning myself when I was growing up."

*-How Al-Anon Works for Families and
Friends of Alcoholics pg 100, 196*

To volunteer as an AMIAS email:
ALATEEN@napleal-anon.com

**THE
D.R.'S CORNER**



I learned that service is the practice of unconditional love. In Al-Anon there are no "shoulds" or obligations. Regardless of how far we have come in our recovery or how much has been received, we are given the opportunity to contribute to the well-being of our individual groups and our fellowship.

In closing I am grateful for the friends I have made and for the Serenity Prayer, God grant me... Thank you once again to all!

Mike S. District Representative
District 159

**WE'RE READY
&
SET TO START**

**PANEL 64
FIRST DISTRICT 159 MEETING**

When – Wednesday, January 10, 2024

Where – Perkins Restaurant, Private Meeting Room
3585 Gateway Lane, Naples, FL 34109
West of I-75 on Pine Ridge Rd

Time – 5:30pm Fellowship and Food
(Individuals Order & Pay from Menu)

— 6:30-8:30pm District Meeting

Zoom Log-in Information
Will be in the January Newsletter

NOTICE

LDC (Literature Distribution Center) will be closed December 19, 2023 for preparation and inventory.

LDC will reopen on January 2, 2024

Please send all Literature orders to:
LDC@naplesal-anon.org



DID YOU START THIS JAR LAST JANUARY?



**IT'S ALMOST TIME TO
EMPTY THE JAR AND BE
SURPRISED!**

NEWS ACROSS THE DISTRICT



There are a few new Al-Anon meetings in town!!

AL-ANON WEDNESDAY NIGHT BEGINNERS, AFG meets at the 24 Hour Club, 1509 Pine Ridge Road, Naples, Florida in the Quiet Room at 7pm on Wednesdays.

SATURDAY'S SERENITY, AFG will meet at 10am Saturday mornings, in the library, at the North Naples Church, 6000 Goodlette-Frank Road, Naples, FL. This is an in-person meeting only

LIVING IN THE SOLUTION, AFG is starting a **BEGINNERS** meeting on Monday, January 8th, 2024 from 6:30–6:55pm followed by a regular meeting starting at 7pm at St Monica Church, 7070 Immokalee Road, Naples, FL 34119.


PLEASE NOTE: **LIVING IN THE SOLUTION, AFG** will not have a meeting on Monday, December 25. There will be a meeting Monday, January 1, 2024 at 7pm at St Monica Church, 7070 Immokalee Road, Naples, FL 34119.

The **11th Step, AFG** meditation meeting is in need of support. They meet Friday Noon in United Church of Christ 5200 Crayton Rd., Nelson Hall, Rm 104, Naples, FL



WOOHOO! We have a new **LITERATURE**

DISTRIBUTION Chairperson for District 159. Terri B. will take over in January 2024.

 The Sunday **SERENITY FOR PARENTS & FAMILIES, AFG** meeting will be celebrating their 8th Anniversary on January 14, 2024 @ 12:30-2pm at The 24 Hour Club, 1509 Pine Ridge Rd, Naples.

FUN, FELLOWSHIP, REFRESHMENTS & A SPECIAL SPEAKER

LOOKING FOR A GIFT?

The FORUM is a gift that keeps on giving 12 times a year.



It is said
in Al-Anon that,
gratitude reaches forward.

-Having Had a Spiritual Awakening pg 163

It features timely sharings from Al-Anon & Alateen members, suggested meeting topics and the latest information on world wide Al-Anon recovery

You can receive The FORUM through the mail or get the electronic version by ordering



NEWS ACROSS THE DISTRICT *continued*


Three District 159 positions are still unfilled:

-Archives - separating historical from routine correspondence and scanning items for posterity. The ARCHIVES are kept in the Literature storage depot.

The next two positions are under the umbrella of the **Public Outreach** Chairman. You never do the job alone.

-Cooperating with the Professional Community (CPC) contacts various professionals such as doctors, therapists, counselors, clergy, attorneys, and other helping professionals to educate them about Al-Anon and Alateen.

-Public Information brings an awareness of Al-Anon and Alateen to the public via the media, Public Service Announcements, newspapers, public agencies, and libraries.

 In preparation for 2024, each group should have elected a new GR, Alternate GR, Treasurer and Secretary by now. The next step in the process is to fill out a **GROUP RECORDS CHANGE FORM** (anyone can fill it out). The form can be obtained by going on Al-Anon.org or print the form found at the end of this December issue. The form needs to be completely filled out, no blank fields, even if there are no changes. The form can be brought to the next District Meeting, or scanned and sent online to GroupRecords@NaplesAl-Anon.org. Each Al-Anon group is then registered with District 159. The Change Form is then passed “up the chain” to Area 10 and finally to WSO. If you have questions, you can email GroupRecords@NaplesAl-Anon.org. Each step “up the chain” ensures that each group appears in District, Area, and WSO Meeting Lists.

If you missed any back issues of **THE BEACON**, you can still read them by going to NaplesAl-Anon.org and click on Newsletter at the top of the page. A list of back issues will appear.

TRADITION 12

is
about extending to others
the same
respect and courtesy
that
keep me feeling safe.



It is said
in Al-Anon that,
gratitude reaches forward.

-Having Had a Spiritual Awakening pg 163



AN EXERCISE IN GRATITUDE

Put ten \$1 bills in your left pocket. Each time you recognize something for which you are grateful, take a dollar from your left pocket and put it in your right pocket.

At the end of the day, if you have moved all of the ten \$1 bills from one pocket to the other, you get to keep all ten and exchange them for a Hamilton.

3 OBSTACLES to SUCCESS in AL-ANON

All Al-Anon discussions should be constructive, helpful, loving and understanding. In striving toward these ideals, we avoid topics that can lead to dissension and distract us from our goals.

1. Discussions of Religion: Al-Anon is not allied with any sect or denomination. It is a spiritual program, based on no particular form of religion. Everyone is welcome, no matter of what affiliation or none. Let us not defeat our purpose by entering into discussions concerning specific religious tenets.

2. Gossip: We meet to help ourselves and others to learn and use the Al-Anon philosophy. In such group therapy, gossip can have no part in program. We do not discuss members of others, and particularly the alcoholic; our dedication to anonymity gives people confidence in Al-Anon. Careless repeating of matters heard at meetings can defeat the very purpose for which we are joined together.

3. Dominance: Our leaders are chosen not to govern, but to serve. No member of Al-Anon should direct, assume authority or give advice. Our program is based on suggestion, interchange of experience, rotation of leadership. Each person makes progress in his or her own way and pace. Any attempt to manage or direct is likely to have disastrous consequences for group harmony.

-text is from the pamphlet, Alcoholism, the Family Disease pg 4

Some groups include **Cross Talk** as an obstacle to the success of their meeting and include mention of Cross Talk in their opening as a form of dominance. Dominance shows up as commenting on someone else's share or giving advice.

THE 3 A's +

Awareness
Acceptance
Action
+
Accountability

We are accountable for the action taken.

The 3 C's +

We didn't **Cause** it
We can't **Cure** it.
We can't **Control** it.
+
We can **Contribute** to the disease.
We have **Choices**.

IT WORKS IF "I" WORK IT

Creating and maintaining healthy groups in Al-Anon is key to the survival of our fellowship and to the growth of each member.

Crosstalk was a part of every pre-Al-Anon conversation I had. How else would I have gotten a word in?

Through recovery, I learned that each of us is special and what I have to say is valuable and worthy for others to hear. Therefore, I do not interrupt or "crosstalk" during another member's sharing.

Of course I want to ask questions because I want to understand how those people are happy and laughing and having such a good time.

As I learned to hear and then listen, I wanted what they have. I learned that to take away important lessons, I must keep my mouth closed and my ears open. What a novel concept?

It works if I work it!!

-Naples

Al-Anon Relationship Bundle (K-73)



New! Holiday Bundle!

The Al-Anon Family Groups Relationship Bundle with Free Shipping!

Give yourself or a member you care about the gift of Al-Anon literature on relationships. This \$25 special set includes free shipping.

Available as a set for a limited time—through January 2, 2024

The **Al-Anon Relationship Bundle (K-73)** includes:

- *Discovering Choices—Recovery in Relationships* (B-30)
- *Intimacy in Alcoholic Relationships* (B-33)
- *Living with Sobriety* (P-49)

Price: 25.00

Higher Power is close to the broken-hearted and saves those who are crushed in Spirit.



EVERYONE DOES IT DIFFERENTLY



LABELS

Focus on the Al-Anon interpretation of our program is strengthened when we avoid using professional terms and labels since they may confuse members by implying affiliation with certain persons or specific therapies. (Service Manual pg135)

The word “qualifier” is a label. We can only qualify ourselves for a seat in Al-Anon.

A much gentler term would be “Loved one”.



Dear God...

I started journaling years ago at the suggestion of a sponsor who said: “Write a Dear God letter and thank Him for five things you are grateful for everyday”. I went from woe is me to actually perceiving and experiencing my life differently. Writing has also opened the door to finding my authentic voice and provided a way for me to connect to my Higher Power in a deeper way.

I write with a favorite pen and notebook because it feels more intimate. No one is going to check my grammar, spelling or punctuation the way the computer might. I tell the critics committee in my head to back off. My journal is where I tell the truth to God and to myself.

It is where I wrangle with my shortcomings, my need to control, and the fears and sadness that lie beneath the surface. Being honest with God, myself and others has guided me through the 12 Steps. It is the light that has shown me the path out of chaos and into serenity. It is not an easy path but definitely worth it.

Step 11 states that prayer is talking to God and meditation is listening to God. Writing has helped me to pour my heart out to HP and feel He/She is close and really listening. Over time, my journaling has evolved into a form of meditation. I write down my issues then ask God for clarity, guidance, and His/Her will for me. And then I listen and write down whatever comes to mind. Who am I having this dialogue with? Is it my authentic voice? Is it my intuition? Or is it my HP? At different times it may be all of the above, but I do know that at times the wisdom that comes out does not seem to be from me. Here’s an example:

Dear God: They asked me to write an article for THE BEACON about writing/journaling. (Oiy). I’m scared. I’m going to be criticized. What if they don’t like it?

Dearest daughter: The **message** is more important than the **messenger**.

My ego was restored to sanity and I am right-sized again. Ahh, humility.

The tools work if we work them. Find one that works for you.

-Dottie K. of E.

CH-CH-CHANGES

Each year we lose meetings in District 159. The following is a list of seven of those meetings:

Steps to Serenity, AFG
Sunday night
Anchor Christian Church

Steps to Recovery, AFG
Monday afternoon
St. Peter The Apostle Church

Serenity Seekers Step &
Study, AFG
Wednesday morning
St. Leo the Great Church

Tuesday Tranquility, AFG
Tuesday night
St. Monica Episcopal Church

Let It Begin With Me, AFG
Friday night,
3C Café

Nueva Esperanza Wednesday
Prospect Avenue



**BEING GENTLE
WITH ONE SELF
AND
OTHERS
IS VERY POWERFUL**



THE THREE C's

Directed Outwards

Didn't Cause it
Can't Control it
Can't Cure it

Directed Inwards

Have Courage
Have Choices
Can Change



AL-ANON PRE-NEW YEARS EVE CELEBRATION

Come Join Us

THURSDAY STEP & STUDY

at

7:00 PM

on

DECEMBER 28, 2023

Food, Fun, Fellowship
&

Al-Anon Steps and Traditions
make a great way to start your
New Year's Resolutions

Join Us

**ST. MONICA'S EPISCOPAL CHURCH
7070 IMMOKALEE RD.
NAPLES, FL**

CONCEPT TWELVE

Assures us
of
a prudence
and
a balance
of power
in Al-Anon



Acceptance
is the
Key
to almost
Everything



AFFIRMATIONS

I am loved, and I deserve love.
I set my boundaries for me.
I will seek out friends today.

GROWTH IN SERVICE Reflections

Panel 61 in District 159 is coming to the end of their 3-year term. A few of our Chairpersons have expressed how doing service has affected their own growth and recovery.

Thank you District 159 for this opportunity to serve these past 3 years. My program has grown 10-fold. I've been given the opportunity to meet more of our Local and Area members and WSO office personnel. I also learned more about the Traditions and Concepts and found opportunities to practice their principles. Love for service,

Cindy S. District Treasurer

Doing service by editing THE BEACON has aided in my recovery in many ways. My confidence in my abilities have grown. I learned to reach out to Al-Anon members for help and by focusing on my own spiritual growth, I was able to raise meaningful issues for THE BEACON. Without the opportunity to serve, I doubt that I would have thrived as well.

Chris S. District Newsletter Editor

Being involved as secretary has enabled me to learn so much more about how Al-Anon works for all of us and I love the fellowship I have experienced at the meetings. Service is crucial to keep our organization, that we all depend upon, thriving and working!

Kerry L. District Secretary

NUMBER 338

Because of your promotion of THE BEACON at your meetings and individually to friends, we have more than doubled our subscriptions to 338 during Panel 61.

Thanks for your support!

CALENDAR OF EVENTS

Assemblies are for working on AL-Anon issues. GR's vote. Observers are welcome.

Conventions are for fun and fund raising. All are welcome.

34th ANNUAL AFG FLORIDA SOUTH AREA 10 CONVENTION

with AA Participation

Dancing Through Recovery

August 16-18, 2024

Hilton Fort Lauderdale Marina
1881 SE 17th St.
Ft. Lauderdale, FL 33316

DISTRICT 159 / PANEL 64 FIRST MEETING

JANUARY 10, 2024

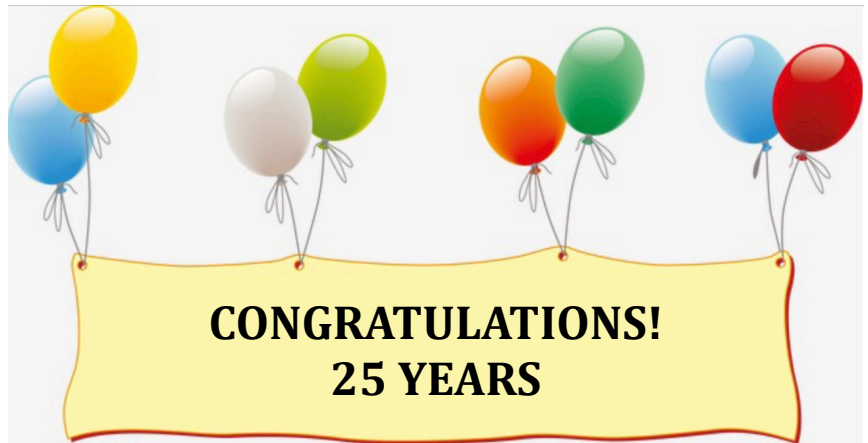
5:30-6:30 Fellowship & Dinner
(Individuals order & pay from menu.)

6:30-8:30 District Meeting

Perkins Restaurant
3585 Gateway Lane,
Naples, FL 34109
West of I-75 on Pine Ridge Rd

ZOOM ID available in January
issue of THE BEACON

THINK DIFFERENTLY
BEHAVE DIFFERENTLY
FEEL DIFFERENTLY



Juliette L. remembers that in 1998 there were no Step meetings in Naples. "While I worked the Steps with my sponsor I felt the need for a more in-depth study." She broached the subject with other members from various Al-Anon groups in the area and found enthusiasm for the idea of a completely separate meeting focused on the Steps. "We formed the **Thursday Step and Study, AFG** meeting and chose Al-Anon's fairly new book at that time, *Paths to Recovery*, as a guide".

Juliette L. volunteered to be their first Group Representative (GR) while others stepped up to do service - chair, treasurer Literature and Secretary. As time passed, attendance seemed to dwindle. It was then suggested that 8pm might be a little too late in the evening for some people. Changing the time to 7pm seemed to boost attendance.

One member noted, that as time passes, just by reviewing the Steps, Traditions and Concepts each week, his perspective on his life or on a current personal situation changes. Another member said that the way the meeting is set up, "we are able to take whatever time we need in understanding each Step, Tradition, & Concept and applying them to our lives. There is no timetable." The important thing is to carry the message of hope.

The 7pm **Thursday Step & Study, AFG** meeting continues as an intimate group at St. Monica Episcopal Church, 7070 Immokalee Rd., Naples, FL.

Spiritual Principle of the Month

Gratitude, Service - readiness to show appreciation and to return kindness.

Discovering that “gratitude changes my attitude” is one of the most wonderful gifts of my Al-Anon program.

-from *Survival to Recovery* pg 100

God make me grateful for all the good things I have been taking for granted.

-OoAT pg 253

You can't be miserable and grateful at the same time

- Heard at a Meeting



Carrying out the actions
of

STEP 12

renews our spirit
on a
daily basis

GRATITUDE

When faced with challenges, Al-Anon suggests that we pay attention to the good things in our lives. Gratitude can be a powerful antidote to despair and hopelessness. By being thankful, we learn it is within our power to maintain our serenity and to have a good day, regardless of what choices our loved ones are making.

“Sure, there are plenty of reasons that I can cry, ‘Poor me,’ but I have a much longer list of things to be thankful for. I am learning to thank God each morning for His gift: a beautiful day, no matter what the weather or the problems.”

-Blueprint for Progress pg 57

TODAY'S REMINDER

Now that the year is at an end, I'll take a few minutes to contemplate the progress I've made and to thank my Higher Power for my growth.

What did I do to contribute to my success this year?

I am discovering that I do play an important part in my own well-being. I will celebrate my achievements and be grateful for all I have been given. I am not perfect, but I am excellent!

-Courage to Change pg 366



Serenity Prayer

God, grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And the wisdom to know the difference.

CONNECTIONS IN THE LEGACIES

Connections in the Legacies What if the Legacies are connected Vertically?

In the 12th Step we're left with the question: How do I practice these principles in all our affairs?
The answer is in the Traditions!!

In the 12th Tradition we're left with the question: How do I place principles above personalities?
The answer is in the Concepts!!

What if the Legacies are **also** connected Horizontally?

Common Guiding Principle of Step/Tradition/Concept One: **Powerlessness**

I admit that I am not in charge.

Common Guiding Principle of Step/Tradition/Concept Two: **Delegation**

I delegate power to others.

Common Guiding Principle of Step/Tradition/Concept Three: **Decision**

*I cut away (decide: *de*-away + *caedere*-to cut) that which does not belong.*

Common Guiding Principle of Step/Tradition/Concept Four: **Participation**

I fully participate as an individual.

Common Guiding Principle of Step/Tradition/Concept Five: **Right-Sized-ness**

I have a perception that is only one part of the whole picture.

Common Guiding Principle of Step/Tradition/Concept Six: **Pause**

I allow something else to do the doing.

Common Guiding Principle of Step/Tradition/Concept Seven: **Humility**

I humbly do my part in the next right action.

Common Guiding Principle of Step/Tradition/Concept Eight: **Part of the Whole**

I acknowledge that many people make up the whole.

Common Guiding Principle of Step/Tradition/Concept Nine: **Responsibility**

I am responsible for my part; others are responsible for theirs.

Common Guiding Principle of Step/Tradition/Concept Ten: **Reassess**

*I respect (*re*-again + *specere*-to look at) what is my business and what is not my business.*

Common Guiding Principle of Step/Tradition/Concept Eleven: **Patience**

I wait to follow the will of the whole.

Common Guiding Principle of Step/Tradition/Concept Twelve: **Spiritual Awakening**

I live a principles-based life as an individual, in relationships, and in the world.

Al-Anon Group Record Change Form

For Groups with a Physical Meeting Location

Please submit this form through your Area Group Records Process or to the WSO

1. GROUP RECORD:

WSO ID Number _____

District Number _____

Area Name or Abbreviation _____

2. STATUS:

☐ Change

☐ Inactive

If selecting Inactive, please complete section 8.

3. SUMMARY OF GROUP CHANGES:

- | | |
|--|--|
| <input type="checkbox"/> Group Name, Mailing Language, Physical Meeting Location, or Email Address | <input type="checkbox"/> Meeting Day, Time, or Other Details |
| <input type="checkbox"/> Participants | <input type="checkbox"/> Name, Address, or Phone Number of Group Current Mailing Address |
| <input type="checkbox"/> Phone Contact for the Public Name or Phone Number | <input type="checkbox"/> Name, Address, or Phone Number of Group Representative |

4. DETAILED GROUP CHANGES:

Please provide detailed group changes below. If the requested information has not changed, leave the section blank.

Group names are visible to members, newcomers, professionals, and the public. They are the first chance a group has to offer help and hope. They reflect Al-Anon principles and are inviting to all. The WSO reviews all proposed group names and reserves the right to delay processing group name changes when meeting names are not in keeping with Al-Anon spiritual principles. Contact your Area Group Records Coordinator or the WSO for further information.

Group Name _____

Mailing Language (Select one) ☐ English ☐ French ☐ Spanish

Meeting Place _____

Meeting Address _____

City _____ State/Province _____

Zip/Postal Code _____ Country _____

Group Email _____

PARTICIPANTS This information is **optional**. In keeping with Traditions Three and Five, our groups welcome anyone affected by someone else's drinking. **Every Al-Anon meeting is open to every Al-Anon member.**

☐ Parents of Alcoholics ☐ Adult Children ☐ Young Adults

☐ People of Color ☐ Women ☐ Men ☐ LGBTQIA+

PHONE CONTACTS FOR THE PUBLIC:

First Name 1 _____ Phone Number 1 _____

First Name 2 _____ Phone Number 2 _____

5. MEETING DETAILS:

Day(s) _____ Time _____ ☐ AM ☐ PM

☐ Families and Friends only ☐ Families, Friends and Observers welcome

Meeting Language _____ Member Count _____

These options have changed. Please see Instructions for updated definitions.

☐ Introductory ☐ Limited Access ☐ Fragrance Free

☐ Handicap Access ☐ Child Care ☐ Sign Language

☐ Smoking Permitted ☐ Beginners

Location Instructions _____

6. CURRENT MAILING ADDRESS:

(WSO mail for the group is sent to the postal and email addresses)

First Name _____ Last Name _____

Street/PO Box _____

City _____ State/Province _____

Zip/Postal Code _____ Country _____

Phone Number _____ CMA Email _____

7. GROUP REPRESENTATIVE (GR):

Members of Al-Anon who are also members of A.A. do not serve as Group Representatives. "Members honor this policy out of respect for Al-Anon unity and the group conscience process, in accordance with Tradition One and Tradition Two." (*Digest of Al-Anon and Alateen Policies*)

First Name _____ Last Name _____

Street/PO Box _____

City _____ State/Province _____

Zip/Postal Code _____ Country _____

Phone Number _____ GR Email _____

By registering as an Al-Anon Family Group with Al-Anon Family Group Headquarters, Inc. (AFG, Inc.), a group is granted permission to use the Al-Anon trademarked name and logo without modification for the purposes of Public Outreach as well as AFG, Inc. copyrighted materials for the sole purpose of conducting its meetings. Al-Anon copyrighted materials are limited to:

- Suggested Welcome, Suggested Closing, Suggested Preambles to the Twelve Steps, the Twelve Steps, Twelve Traditions, and Twelve Concepts of Service as they are found in the current version of the *Al-Anon/Alateen Service Manual* (P24/27), without alteration or modification.

- Conference Approved Literature (CAL) screenshots or printouts, when accompanied by copyright acknowledgment and limited in scope to content possible to be shared and discussed during one meeting.

This permission is granted for as long as the group continues to hold meetings; remains in compliance with AFG, Inc. intellectual property policies and instructions; refrains from distributing or posting permanently, in a public forum, copyrighted materials; and remains an Active registered group with AFG, Inc. These materials may not be modified and permission to use these materials may not be transferred to anyone without prior written approval. The group shall not use the materials in any way that could damage the reputation and goodwill that has been established in the materials.

8. GROUP INACTIVATION:

Registered Group Name and/or WSO ID _____

Meeting Day and Time _____ Meeting City and State/Province _____

The WSO will register any group designating itself as an Al-Anon Family Group with the understanding that it will abide by the Traditions and that meetings will be open to any Al-Anon member. (*Digest of Al-Anon and Alateen Policies*)

Submitted by _____ Date _____ Phone _____ Email _____

DANCING THROUGH RECOVERY



34th Annual AFG

Florida South Area 10 Convention with AA Participation

Friday, August 16, 2024 – Sunday, August 18, 2024

*HILTON FORT LAUDERDALE MARINA **
1881 SE 17th Street, Fort Lauderdale, FL 33316

	REGISTRATION ONLY	
<input type="radio"/>	Al-Anon <input type="radio"/> AA	\$35
<input type="radio"/>	Alateen (18 and younger) includes Pizza Party	\$25
<input type="radio"/>		
	REGISTRATION w/MEALS	
<input type="radio"/>	Saturday 3-Meal Plan + Registration	\$140
<input type="radio"/>	Weekend 4-Meal Plan + Registration	\$160
<input type="radio"/>	GLUTEN FREE <input type="radio"/> VEGAN	

Questions on any matter can be e-mailed to:
DancingThruRecovery@gmail.com

Area 10 current policy does not allow refunds.

	MEALS INDIVIDUALLY	
<input type="radio"/>	Limited Item Breakfast Buffet Saturday	\$27
<input type="radio"/>	Boxed Lunch Saturday	\$26
<input type="radio"/>	Banquet Saturday	\$60
<input type="radio"/>	Limited Item Breakfast Buffet Sunday	\$27

RESORT FEATURES & ACCOMMODATIONS

Please make reservations directly at:

<https://book.passkey.com/go/2024AFGFLSConvention>

or call: 954.527.6747 and provide group code: AFGFLS.

Special AFG Resort Room Rate for a standard room is \$179 per night plus taxes, Resort Fee is waived.

Discounted daily self-parking rate is \$20, complimentary Wi-Fi in guest rooms & meeting space. Make it a vacation - enjoy the same rate 3 days before and after the convention dates.

Last day to reserve a room at the group rate is
July 23, 2024.