

# THE BEACON

April 2020 Volume 1 Issue 23

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Let it Begin **With Me!**  
M+P

When anyone, anywhere  
reaches out for help, let the  
hand of Al-Anon and Alateen  
always be there and...

**LET IT BEGIN WITH ME**



## From Your District Rep...

During this tumultuous time, please take direction from your Higher Power and be mindful of your safety and the safety of others.

Please refer to the District website for updates and share any confirmed information you may have.



Please use your phone lists and access the WSO website for telephone and online meetings as well as podcasts. Stay safe.





SENDING YOU  
A SOCIALLY-  
DISTANCED HUG



### How does Al-Anon work?

#### Reminder

It is suggested that groups close in a manner that is agreeable to the group conscience. Many groups say the Al-Anon Declaration after their closing.

The Declaration begins with:

#### Let It Begin with Me...

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there,

#### And Let It Begin with Me.

(Pg. 4 2018-2021 Service Manual)



### Steps, Traditions and Concepts

Al-Anon's program of recovery is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. The Steps are the foundation for personal recovery and the Traditions help groups sustain their unity and fellowship.

#### Step 4

Made a searching and fearless moral **inventory** of ourselves.

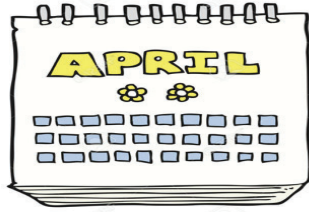
#### Tradition 4

Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.

#### Concept 4

Participation is the key to harmony





## Alcohol Awareness Month

Alcohol Awareness Month is a nationwide campaign to raise public awareness about the use of alcohol and its effects on individuals, families and communities. It provides opportunities for Al-Anon and Alateen groups to reach out to families and friends of alcoholics who are suffering and still unaware of the Al-Anon program of recovery.



Al-Anon Family Groups is a "worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help." Alateen is part of the AL-Anon fellowship designed for the younger relatives and friend of alcoholics through the teen years."

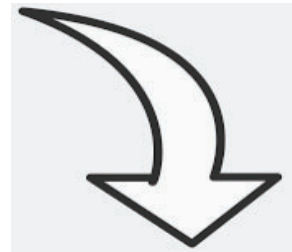


## Celebrations and Events



April 5 was to be the Anniversary party for Sunday Morning 11:00 a.m. Hope For Today Meeting.

## Take Note



**Due to The Coronavirus The Twenty-Four-Hour Club is closed until further notice.**

**Details regarding all previously scheduled events will be forthcoming as they continue to evolve.**

**Truly time to practice...**

**"One Day at A Time"**



Convention coming up in August  
Looking for volunteers,  
many opportunities for service.

Currently nothing new to report  
due to the Coronavirus situation.  
More details to come in future  
Edition Beacon and on the website.

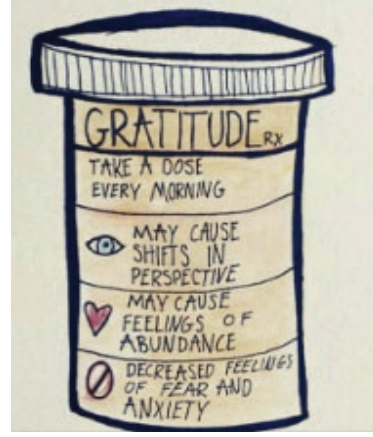
Have You Pondered a Slogan Today?

### ““Easy Does It”

suggests not only that I learn to slow  
down, but also that I learn to lighten  
up. Today I will strive to take a more  
accepting attitude toward myself and to  
enjoy the day, regardless of what I  
achieve.” Courage to Change (B-16), p. 93



**District Mtg. Schedule.**  
April 8, 2020- 6:30 p.m.  
(Check website closer to date.)  
May 13, 2020- 6:30 p.m.  
Naples Community Church  
Address: 849 7th Ave Street  
(Suite 696), Naples, FL 34102



Heard at a meeting

Go where you are celebrated,  
not where you are tolerated.

It doesn't matter what they/he's/she's  
doing.

What matters is how I handle it.

My sickness is rigidity:

Holding on to a dream once it has turned  
into a nightmare.

If I have one eye on the past and one eye  
on the future,  
today I am cock-eyed.

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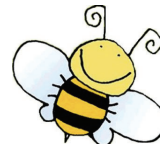
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Let it Begin With Me.

If you have Information you'd like  
printed in The Beacon, please Email me  
at: [newsletter@naplesalanon.org](mailto:newsletter@naplesalanon.org)

Remember: Together we Can Make It.



Share'n'Grow