
Al-Anon Family Groups- District 159- Naples, Bonita Springs, and Marco Island

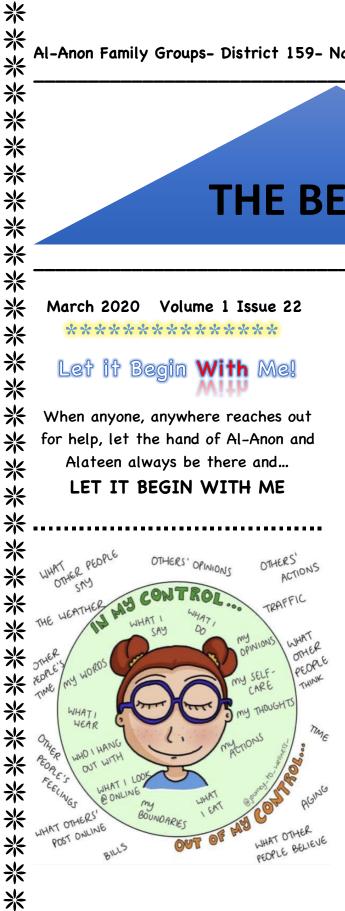
THE BEACON

March 2020 Volume 1 Issue 22



When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and...

LET IT BEGIN WITH ME



How does Al-Anon work? Reminder

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It is suggested that groups close in a manner that is agreeable to the group conscience. Many groups say the Al-Anon Declaration after their closing.

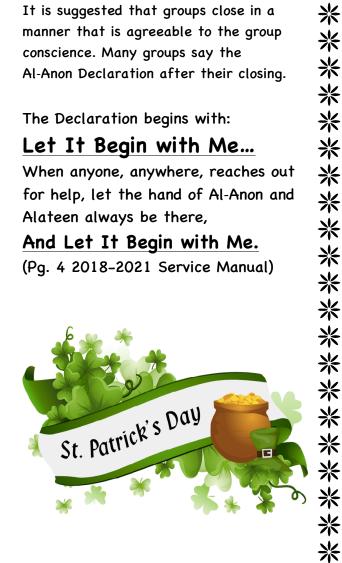
The Declaration begins with:

Let It Begin with Me...

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there,

And Let It Begin with Me.

(Pq. 4 2018-2021 Service Manual)





※ Steps, Traditions and Concepts

💥 Al-Anon's program of recovery is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. The Steps are the foundation for personal recovery and the Traditions help groups sustain their unity and fellowship.

※ Step 1

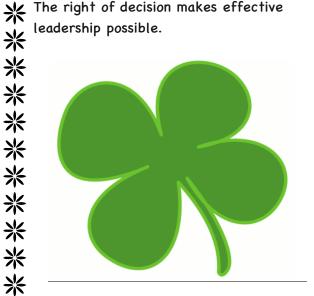
* Made a decision to turn our will and our lives over to the care of God as we understood Him.

* Tradition 1

The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend. 米

★ Concept 1

The right of decision makes effective leadership possible.



Celebrations and Events





WHEN: Wednesday, March 18th, 2020 TIME: 10:15 A.M. WHERE: St. Peter's Ministry 2nd Floor Conference Room 5025 Rattlesnake Hammock

Naples, Fl 34113

* - Formerly: East Naples Library, 8787 Tamiami Trail





"COME JOIN US" <u>34th</u> Anniversary Luncheon



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Monday, March 23, 2020

Time: 11 AM

Place: Disseler Hall

The United Church of Marco Island 320 N Barfield Dr., Marco Island

> Luncheon will follow guest speakers



Save The Date

Rumor has it... April 5 Anniversary for Sunday Morning 11:00 a.m. Hope For Today Meeting

Details to Follow





Convention coming up in August. Looking for volunteers, many opportunities for service. More shall be revealed!



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Have You Pondered a Slogan Today?

I am powerless, not helpless is a complete sentence Progress not Pertection The Journey is the destination Life begins right outside your comfort zone Expectation is premeditated resentment One Day at a Time form You didn't cause it, you can't control it, you can't cure it Keep an authore of grahupe!



"Today the slogans offer me healthier ways to reflect. Along with the other Al-Anon tools, the slogans allow me the option of being serene and happy whether the alcoholic is still drinking or not."

Hope For Today, p.318



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Progress not perfection.

Reacting and responding are not the same thing.

Words expressed regarding my right and the ability to say no:

*Learn to practice disappointing one ₩ person

every day.

*I'm _____, (insert name) and I'm Preparing to be disappointed every day without being resentful

I wore my friends out with my complaining

 \divideontimes I can choose to be an awfulizer, or an optimizer.

> District Mtg. Schedule. March 11 2020-6:30 p.m. April 8, 2020- 6:30 p.m.

※ Naples Community Church

Address: 849 7th Ave Street

(Suite 696), Naples, FL 34102

* Let it Begin With me.

When anyone anywhere reaches out for help, let the hands of Alanon and Al-ateen always be there, and

Let it Begin With Me.





We, the Al-anon Family Group of District 159 in Naples held a surprise gathering on Sunday, February 22nd at The Twenty-Four Hour Club in honor of our Dear fellow member, Kay H.

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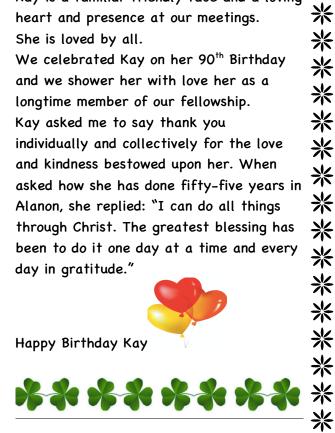
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Kay is a familiar friendly face and a loving heart and presence at our meetings. She is loved by all.

We celebrated Kay on her 90th Birthday and we shower her with love her as a longtime member of our fellowship. Kay asked me to say thank you individually and collectively for the love and kindness bestowed upon her. When asked how she has done fifty-five years in Alanon, she replied: "I can do all things through Christ. The greatest blessing has been to do it one day at a time and every day in gratitude."



Happy Birthday Kay



If you have Information you'd like printed in The Beacon, please Email me

at: newsletter@naplesalanon.org

Remember: Together we Can Make It.



Share'n'Grow
