

# THE BEACON

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November 2019 Volume 1 Issue 18

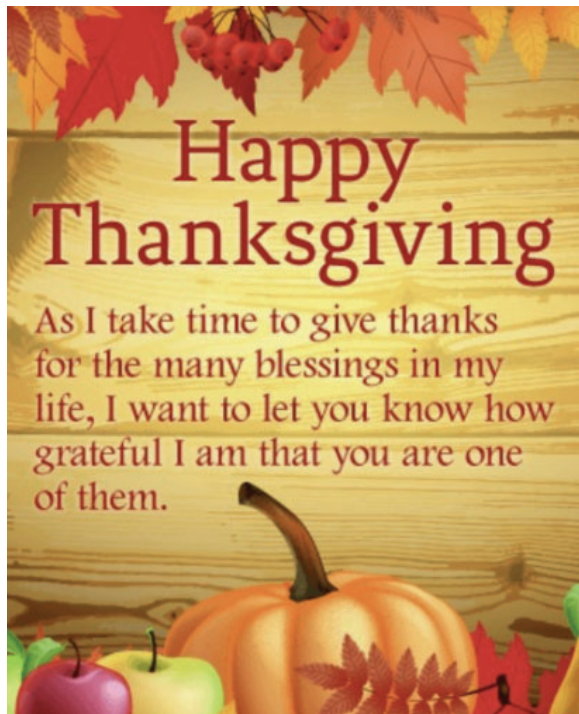
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Let it Begin **With Me!**  
M!TP

When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and...

LET IT BEGIN WITH ME.

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## Steps, Traditions and Concepts

Al-Anon's program of recovery is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. The Steps are the foundation for personal recovery and the Traditions help groups sustain their unity and fellowship.

### Step 11

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

### Tradition 11

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.

### Concept 11

The spiritual foundation for Al-Anon's world services is contained in the General Warranties of the Conference, Article 12 of the Charter.

## Get Your Tickets



### 2019 Gratitude Dinner

District 159 AFG

A catered buffet dinner with Al-Anon and Alateen Speakers

Saturday, November 9, 2019

From 5PM to 8PM at St John Evangelist Church

Parish Activity Center Ballroom

625 111<sup>th</sup> Ave. N. Naples, FL

**\$10.00 in advance only.**

Please present ticket at the door.

**Buffet:** Baked Ziti Pasta / Vegetarian Pasta / Chicken Marsala

Italian Meatballs / Market Salad / Garlic Rolls /

Assorted Italian Cookie

Iced Tea / Lemonade / Coffee / Water



District #189 AFG  
"Gobbling Gratitude Dinner"  
November 16, 2019 – 6:00pm – 9:00p.m.

Where: Saint David Catholic Church, 3900 S. University Dr.  
Davie, FL 33328 (entrance on the west side)

Suggested Donation: \$7.00/Adult  
\$5.00/Alateen

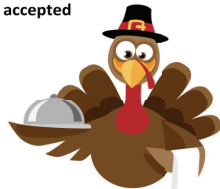
AA and Al-Anon Speakers

Baskets for the raffle will be gratefully accepted

Turkey will be served

Please Bring a Covered Dish to Share

We need your help - please Email:  
189GobblingGratitude@gmail.com



## Some Thoughts From Our District Rep.

The holidays are quickly approaching and they seem to roll from one right into another barely allowing us to take a breath. As we think about the lists we make in order to get through Thanksgiving and Christmas, it is important that we put ourselves at the top of our lists - ME - the gifts we give ourselves don't have to be shopped for or gift Wrapped, which make them all that more special.

I wish each of you health and happiness, peace and serenity. My heart finds happiness in the rooms of Al-Anon, in the opportunity to be of service, and in sharing the message.

What greater gift could my Higher Power give me than the ability to use what was given to me?

Julie B.

# Gratitude

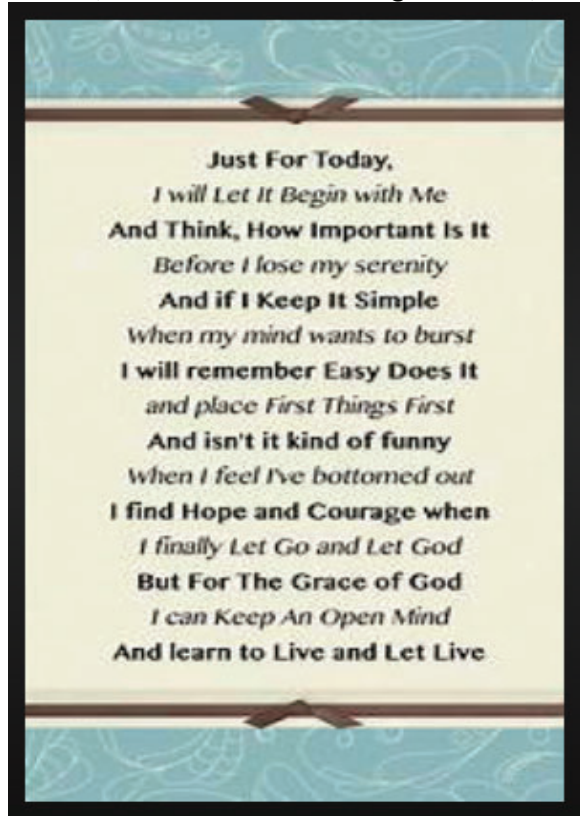




**Heard at a meeting...**

- My family is not going to get better because I come here, but I can get better.
- Any new tool needs to be calibrated. My Barometer wasn't off, it needed to be reset.
- I can't do it alone, I get help here.
- I felt like the world was happening TO ME!
- Be careful what you pray for.
- I wanted a lot of kids.
- I got alcoholics, druggies and evictions.

**Have you Pondered a Slogan Today?**



**District Mtg. Schedule.**

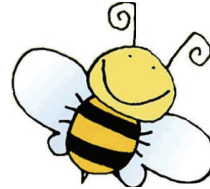
**November 13<sup>th</sup> 6:30 p.m.**

**December 11<sup>th</sup> 6:30 p.m.**

**Naples Community Church**

**Address: 849 7th Ave Street  
(Suite 696), Naples, FL 34102**

If you have Information you'd like printed in The Beacon, please Email me at: [newsletter@naplesalanon.org](mailto:newsletter@naplesalanon.org)  
Remember: Together we Can Make It.



Share'n'Grow

