

Al-Anon Family Groups- District 159- Naples, Bonita Springs, and Marco Island

THE BEACON

October 2019 Volume 1 Issue 17

Let it Begin **With Me!**
MITP

When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and...

LET IT BEGIN WITH ME.



A dozen red flags?! I love them!

Steps, Traditions and Concepts

Al-Anon's program of recovery is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. The Steps are the foundation for personal recovery and the Traditions help groups sustain their unity and fellowship.

Step 10

Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition 10

The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.

Concept 10

Service responsibility is balanced by carefully defined service authority and double-headed management is avoided.



TOGETHER WE MAKE IT

ALATEEN SIXTH ANNIVERSARY

Theme: Fall

Topic: Falling into Freedom

When: Thursday October 17, 2019

7:30 - 8:30pm

Where: Habitat For Humanity

Of Collier County - Board Room

11145 Tamiami Trail Naples,

FL 34113

Doors open at 7:00pm

Refreshments served after
the close of the meeting

STEP AND STUDY AFG

21st Anniversary

THURSDAY
OCTOBER 17, 2019

6:30 pm -- Food and Fellowship

7:00-8:00 pm -- Speaker Meeting

St. John the Evangelist Church
Parish Activity Center-Rome Room
625 111th Ave. North, Naples, FL 34108

**HAPPY FALL
FROM FLORIDA**



District Mtg. Schedule.

October 9th 6:30 p.m.

November 13th 6:30 p.m.

Naples Community Church

Address: 849 7th Ave Street
(Suite 696), Naples, FL

Area 10
Day of Workshops

Timely Topics inspired
by CAL
Hosted by District 150

Great books help you understand
and they help you feel understood.



Date: Saturday, Oct 19, 2019
Location: Cypress Lake United Methodist Church
(Chapel Complex)
Address: 8570 Cypress Lake Dr. Ft Myers
Time: 10:00am — 4:00pm (Doors open at 9:30am)

Exciting workshops: Topics include Intimacy in Alcoholic
Relationships and Hope & Understanding for Parents & Grandparents
\$5.00 donation at the door
Potluck lunch, bring a dish to share
50/50 Raffle

Directions: Travel north on I-75 to exit # 131
go left on Daniels Pkwy becomes Cypress
Lake Dr for 6.5 miles. Church is on the right.

For more information contact dyander12@embarqmail.com OR insearchofsue@gmail.com

THINKING AHEAD



2019 Gratitude Dinner

District 159 AFG

A catered buffet dinner with Al-Anon and Alateen Speakers

Saturday, November 9, 2019

From 5PM to 8PM at St John Evangelist Church

Parish Activity Center Ballroom

625 111th Ave. N. Naples, FL

\$10.00 in advance only.

Please present ticket at the door.

Buffet: Baked Ziti Pasta / Vegetarian Pasta / Chicken Marsala

Italian Meatballs / Market Salad / Garlic Rolls /

Assorted Italian Cookie

Iced Tea / Lemonade / Coffee / Water

Heard at a meeting...

Your beliefs don't make you a better
person, your actions do.

I'm learning the rhythm of sanity.

Have you Pondered a Slogan Today?



I am powerless, not helpless

No is a complete sentence

Progress not Perfection

The journey is the destination

Life begins right outside your comfort zone

Expectation is premeditated resentment

One Day at a Time

Let go and let God

You didn't cause it, you can't control it, you can't cure it

Keep an attitude of gratitude!

If you have Information you'd like
printed in The Beacon, please Email me
at: newsletter@naplesalanon.org

Remember: Together we Can Make It.

Gratefully in Service,



Share'n'Grow