Al-Anon Family Groups- District 159- Naples, Bonita Springs, and Marco Island



May 2019 Volume 1 Issue 12

# Steps, Traditions and Concepts

Al-Anon's program of recovery is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. The Steps are the foundation for personal recovery and the Traditions help groups sustain their unity and fellowship.

#### <u>Step</u> 5

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

#### Tradition 5

Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.

#### Concept 5

The Rights of Appeal and Petition protect minorities and insure that they be heard.

# Let it Begin With Me

#### LET IT BEGIN WITH ME

When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and...

LET IT BEGIN WITH ME.'"

#### Have You Pondered A Slogan This Week?

Not the biggest one we've ever picked, but a stubborn one  $\hfill \equivebber$ 



Are you nurturing a resentment? Perhaps it's time to drop the rock

### **2019 AL-ANON CONVENTION**

# FLORIDA SOUTH AREA 10 YEARS OF MEMORIES

**Bonita Springs**, FL Hyatt Regency Coconut Point, 5001 Coconut Rd, Bonita Springs, FL 34134 You can now register and purchase memorabilia online 😊 The link is below and also on our events page on http://naplesal-anon.org/events. 2019 Convention: 30 Years of Memories: Look how far we've come! **REGISTRATION: FLYER (PDF)** ONLINE REGISTRATION: (SOUTH FLORIDA AREA 10 **CONVENTION PAY-PAL REGISTRATION) Registration prices:**  Pre-Registration by July 31st - \$30 • After July 31st, on-site only – \$40 **Special events:** • Friday Night "Party Like It's 1999" Gathering...... RSVP • No Charge Admission; food/beverages available for purchase (5:30pm-7:30pm) Saturday Night Banquet – \$50 **Convention Memorabilia:** (advance purchase; available convention weekend) • Convention T Shirt ..... \$15 • Convention Tote Bag...... \$10

- AFG Lanyard ...... \$5
- **HOTEL INFO**

HYATT REGENCY COCONUT POINT 5001 COCONUT ROAD

# Looking Ahead...

Spring Assembly- June 28-30 Summer AWSC- August 9-11 Convention- August 23-25 Fall Assembly- September 13-15 Area Day of Workshops-October 19, Ft. Myers

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District Mtg. Schedule Wednesday May 8 at 6:30 p.m. Wednesday June 12 at 6:30 p.m.

"God does not ask about your ability or inability, He asks about your availability." Mary Kay Ash



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Heard at a meeting...

\*Recovery is a Process, not an event.

\*Recovery is a gift, and not everybody gets the gift.

\*I can cut my problem in half if I pick up the phone.

If you have Information you'd like printed in The Beacon, please Email me

at: <u>newsletter@naplesalanon.org</u>

Remember: Together we Can Make It.



Gratefully in Service, Share'n'Grow