# THE BEACON

#### March 2019 Volume 1 Issue 10



## Steps, Traditions and Concepts

Al-Anon's program of recovery is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. The Steps are the foundation for personal recovery and the Traditions help groups sustain their unity and fellowship.

## Step 3

Made a decision to turn our will and our lives over to the care of God as we understood Him.

#### Tradition 3

The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.

### Concept 3

The right of decision makes effective leadership possible.



#### LET IT BEGIN WITH ME

When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and...

LET IT BEGIN WITH ME."



## Alateen's Inspire

On Sunday, February 17 six young women of ALateen chaired the 11:00 Hope For Today meeting of Alanon. For those who were in the room, we heard stories of overcoming challenges and expressions of gratitude for a program that helps these young people move forward with confidence and a positive healthy attitude. We saw courage and heard heartfelt honesty about their lives before Alateen and how they have changed with the aid of ALateen recovery.

Please pass the word about Alateen. Information is available on the website or speak to one of the Alateen sponsors.





WHEN: Wednesday, March 13th, 2019

TIME: 10:15 A.M.

WHERE: St. Peter's Ministry

2<sup>nd</sup> Floor Conference Room 5025 Rattlesnake Hammock

Naples, Fl 34113

\* - Formerly: East Naples Library, 8787 Tamiami Trail



Speaker and Refreshments



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**District Mtg. Schedule:** 

March 13<sup>th</sup> at 6:30 p.m.

Opportunities for service come in all forms and await your magic touch. Do you hear the call to step up, shine the light that only you can share?







"COME JOIN US"

33rd Anniversary



Date: Monday, March 25, 2019

Time: 11 AM

Place: Disseler Hall

The United Church of Marco Island 320 N Barfield Dr., Marco Island

Luncheon will follow guest speakers

## A word from our Alateen Chair...

The Tuesday night Footprints Alateen meeting has been suspended. We will be researching and reassessing the possibilities of reinstating this meeting at a later date. Please spread the word. The Thursday night 7:30 pm Together meeting and the Sunday Alateen 9:30 am meeting will continue. Please pass the word and be of service to aid a child or teen that might benefit form an Alateen experience.

## **2019 AL-ANON CONVENTION**

# FLORIDA SOUTH AREA 10



August 23 – 25, 2019 Bonita Springs, FL

Hyatt Regency Coconut Point, 5001 Coconut Rd, Bonita Springs, FL 34134

You can now register and purchase memorabilia online The link is below and also on our events page on http://naplesal-anon.org/events.

2019 Convention: 30 Years of Memories:

Look how far we've come! REGISTRATION: FLYER (PDF)

ONLINE REGISTRATION: (SOUTH FLORIDA AREA 10 CONVENTION PAY-PAL REGISTRATION)

Registration prices:

- Pre-Registration by July 31st \$30
- After July 31st, on-site only \$40

Special events:

- Friday Night "Party Like It's 1999"
   Gathering....... RSVP
- No Charge Admission; food/beverages available for purchase (5:30pm-7:30pm)
- Saturday Night Banquet \$50

#### **Convention Memorabilia:**

(advance purchase; available convention weekend)

•	Convention T Shirt	. \$15
•	Convention Tote Bag	\$10
•	AFG Lanyard	\$5

#### **HOTEL INFO**

HYATT REGENCY COCONUT POINT 5001 COCONUT ROAD BONITA SPRINGS, FL 34134 MAKE RESERVATIONS BEFORE JULY 31, 2019: CALL 1-800-233-1234 & MENTION AFG FL SOUTH CONVENTION

CHECK IN 3:00 PM & CHECK OUT 11:00 AM FREE SELF PARKING OR \$15/NIGHT VALET

### Heard at a meeting...

Alanon is like water Calm, shallow and warm. It's safe to step into it.

"And God Bless God!"

"There is no growth in the comfort zone!"
S-T-R-E-T-C-H yourself

# Have you pondered a slogan today?

# **Progress Not Perfection**

I came in through the doors of Al-anon and it was not a pretty sight. I was bruised and broken from the inside out. I was soon grateful to have found a place where I could be safely and gently heard. Acknowledged. This was the beginning of finding a peace I had not had in a very long time. I don't do it perfectly.

I do it <u>one day at a time</u>. No one here expects me to do it perfectly.

And I keep coming back!

If you have Information you'd like printed in The Beacon please

Email me at: newsletter@naplesal-anon.org Remember: Together we Can Make It. Gratefully in Service,

Share'n'Grow

