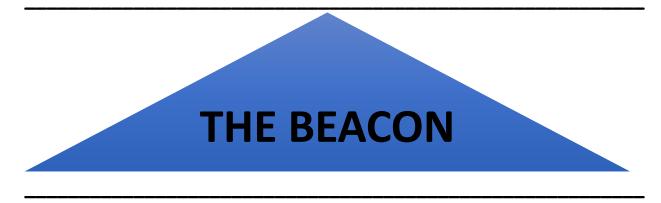
Al-Anon Family Groups- District 159- Naples, Bonita Springs, and Marco Island



February 2019 Volume 1 Issue 9 \*\*\*\*\*

## Steps, Traditions and Concepts

Al-Anon's program of recovery is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. The Steps are the foundation for personal recovery and the Traditions help groups sustain their unity and fellowship.

#### Step 2

Came to believe that a Power greater than ourselves could restore us to sanity.

#### Tradition 2

For our group purpose there is but one authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants – they do not govern.

#### Concept 2

The Al-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms. Let it Begin With Me

#### LET IT BEGIN WITH ME

When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and...

LET IT BEGIN WITH ME.'"

The declaration was created 35 years ago, and the wording has not changed since that time. The A.A. Responsibility Statement reads similarly, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Taken literally, someone could take the Al-Anon Declaration to mean, "when anyone with any problem reaches out..." However, as this passage is internal to Al-Anon members who understand the scope of the help that Al-Anon Family Groups offers, we believe that the spirit of the declaration is implicit, that whenever anyone seeks the help of Al-Anon, it is up to each of us to make sure that the help will be available. It is a reminder to our membership to "let it begin with me," not an invitation to others to seek our help.



### Come out to support our Alateens

Alateens are going to Chair the 11:00 a.m. Al-Anon Meeting on Sunday, February 17, 2019 at the 24-Hour Club!

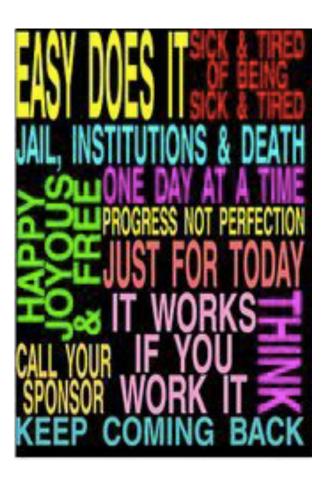
This is a fund raiser to help Alateens meet expenses for this summer's convention. All are invited to join in as we share experience, strength and hope with our Alateens!



Let it Begin With Me

Is there an opportunity for service in a meeting you attend? Keep your ears open and be prepared to put your hand up if you hear a request... Let your light shine! See how Service can rock your recovery!





Take a moment, pause in your day. Choose a slogan that has meaning to you today. Write a few lines in a journal or a notebook on how the slogans are an aid to you at any certain time. Take the pause!





# 7th Anniversary



WHEN:	Wednesday, March 13th, 2019
TIME:	10:15 A.M.
WHERE:	St. Peter's Ministry
	2 <sup>nd</sup> Floor Conference Room
	5025 Rattlesnake Hammock
	Naples, Fl 34113

\* - Formerly: East Naples Library, 8787 Tamiami Trail



Speaker and Refreshments











Date:	Monday, March 25, 2019
Time:	11 AM
Place:	Disseler Hall
	The United Church of Marco Island
	320 N Barfield Dr., Marco Island

Luncheon will follow guest speakers Heard at a meeting:

It's all about a shift in perspective:

When you hear the word Titanic, what do you think? You probably think of the ship cracked in half and ocean water rushing in. Think of it from the perspective of a live lobster in the kitchen on the Titanic.... Changes things, doesn't it? If you have Information you'd like printed in The Beacon please Email me at: newsletter@naplesal-anon.org Remember: Together we Can Make It.

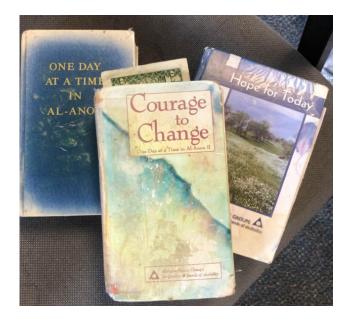
Gratefully in Service,

Share'n'Grow

- D Don't
- E Even
- T Try
- A and
- C Change
- H Him/Her

Love and Forgiveness does not equate to being a doormat. Humility is how NOT to be a doormat-With grace.

RECOVERY Be open to behaving differently!



Let it Begin With Me