## THE BEACON

### October 2018 Volume 1 Issue 5

### Step 10

Continued to take personal inventory and when we were wrong promptly admitted it.

### Tradition 10

The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.

### Concept 10

Service responsibility is balanced by carefully defined service authority and double-headed management is avoided.

Participation is the key to harmony!





### New Literature.

Members share their challenges with all aspects of intimacy--physical, emotional and spiritual--in all relationships affected by the family illness of alcoholism. Check the literature table at your meetings or available through other program resources.

((CAL) Always Look for the Logo)







# District 159 Al-Anon & Alateen Gratitude Dinner

Catered Dinner, Alateen & Al-Anon Speakers, District Trivia & Fellowship

Saturday, November 10, 2018 5 pm to 7:30 pm – Dinner @ 5:30 pm

> Peace Lutheran Church 9850 Immokalee Road Naples, FL 34120

\$5.00 per person, cash or check payable to: District 159
See your GR for tickets which must be purchased by November 3, 2018.

**Questions:** Please email Webmaster@NaplesAl-Anon.org



### Celebrating Longevity In Alanon

I was recently at another meeting where a district celebrated a long-time member of Alanon. I was fortunate to be able to get to speak to this lovely 93 year young woman with 54 years Alanon experience after the event.

Jo (Josephine) told me she had five older brothers and her mother couldn't think of a more girly name. She also said: "I was lucky, my husband took to AA like a duck to water." The following words are what she shared with me pertinent to her Alanon journey: "Don't look back, you're not going that way, and Plan on everything and count on nothing."

Oh---And Keep Coming back! Wink!

It is being asked and encouraged by the co-chairs of group records that you please visit the Naples Al-Anon website for the most accurate "Where and When" meeting schedule. The complete website address is: www.NaplesAl-Anon.org

You can also get there by entering Naples Al-Anon. The annual cost of printing the "Where and When" flyers are more than double the expense of our entire website. Due to church construction and other changes etc., the flyers may often be inaccurate the very next day.

Thank You for your cooperation.

### Alateen...

### PLEASE spread the word....

This is to announce the start of a new Alateen meeting in our district!

Start date is Sunday, 10/7 at 9:30 am at the 24 hour club in the "Quiet Room".

Alanon members with at least 2 years of active meeting participation who have an interest in becoming an Alateen Sponsor may contact our Deborah/Alateen Chair at alateen@naplesal-Anon.org for more information.

Thank you for your help in spreading the word...

### ATTENTION ALL GR's:

We are still working on a Speaker CD lending library. If you attended the Al-Anon Convention this past August, you may have enjoyed the Al-Anon, AA and Alateen speakers. These speakers are recorded and CD's are available for purchase. Many of us purchased CD's from this and other conventions and are willing to share these CD's with other members of our District. In this spirit, if you would like to donate CD's that you have purchased and enjoyed so that other members are able to listen and enjoy please bring them to the District meeting. I will bring the CD library to each district meeting so if you would like to check out CD's you are welcome to do so.



### Recently Heard at a meeting:

"The more I can see my faults, the more my self-confidence grows."

"The depths of our disease has caused us to shut down our inner spirit."

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Progress, Not Perfection...

The Beacon is a work in Progress.

I am grateful for the opportunity to work on this project for our Al-Anon/Alateen community.

Thoughts... If you have Information you'd like printed in upcoming issues of The Beacon, please Email me at:

newsletter@naplesal-anon.org

Remember: Together we Can Make It.

Gratefully in Service, Share'n'Grow

