

Naples Daily News

Letters to the Editor

Tuesday, April 24, 2018

Organization helps teens

On April 12 you printed a Dear Abby letter from a teenager struggling with her relationship with her alcoholic mother. Abby referred the young person to Alateen, a support group for young people who have the same problem.

As a certified Alateen sponsor, I have sat in on Alateen meetings many times. These meetings provide an outlet for young people to share their concerns and learn from each other the many helpful principles and tools to better cope with a loved one's disease. So many children discover that it's possible to feel happiness in spite of their difficult situation.

Like Al-Anon meetings, which are for adults who have been affected by someone else's drinking, Alateen meetings provide a safe and respectful setting for each members' right to anonymity.

Adults and children can find a list of meetings by visiting this local website: NaplesAl-Anon.org.

Deborah, Estero

Alateen offers comfort, hope

Thank you for printing the Dear Abby letter from the troubled teen and her response directing the teen to Alateen.

Al-Anon and Alateen have helped so many people in our community. By bringing the issue of the disease of alcoholism to the attention of your readers, you may be providing the hope that someone needs.

April is Alcohol Awareness Month. NaplesAl-Anon.org is the website for our District 159 and there is much information, including a meeting list.

Once again, thank you for doing your part in making the community aware that there is hope.

Julie B., Naples

Editor's note: It is the Daily News' policy to publish letters only with first and last names of writers. In the case of the preceding two letters, we are honoring Al-Anon and Alateen's longstanding practice of using first names and last initials only.